

TAPESCRIPT

Narrator: *Listening Test*

Body Image

Section 1

You will hear a radio broadcast about body image from a show called Lifestyle.

The recording will be played twice. Do as much as you can the first time and answer all the questions the second time.

You have 30 seconds to look at your questions.

[30 sec music]

Listen and answer the questions.

Good afternoon and welcome to today's show, Lifestyle. My name is Catherine Wong and today we will be talking about 'body image'.

Body image is how we feel about the way we look. It is something that affects everybody. If we are happy with our appearance, we have a positive body image. If we are not happy about our appearance, we have a negative body image.

It may be surprising, but some very attractive people have a negative body image. They think that they are not attractive. This can happen to men and women.

For example, men can feel that they should have bigger muscles, even when they have a good physique. Likewise, women can feel that they should lose weight when it is not really necessary.

Dr Jones from Havbridge University recently carried out a study about body image. It was released yesterday. The study examines why people have a negative body image.

Narrator: *Now listen to the recording again.*

[repeat recording]

You have 30 seconds to check your answers.

[30 sec music]

This is the end of Section 1.